

CODES OF CONDUCT

KIDS CODE

1. Play to enjoy the sport
2. Follow the rules.
3. Do not throw sand as it is very dangerous.
4. Do not argue with referees decisions. The team captain or manager can ask necessary questions.
5. Control your temper and be a good sport.
6. Treat other players as you like to be treated.
7. Remember the aim is to have fun and improve your ability.
8. Listen to your coach, team and mates.
9. Competing is important, winning is a bonus.

PARENTS CODE

1. Do not make an unwilling child participate in a sport.
2. Children are involved in sport for their enjoyment, not yours.
3. Encourage children to play by the rules.
4. Encourage the effort being as important as the result.
5. Work towards improving skills and sportsmanship.
6. Do not yell or abuse a child for making a mistake. They are trying as hard as they can.
7. Recognise and encourage good play or efforts.
8. Do not publicly question an Official's decision.
9. Be on your guard against projecting your own aspirations on to your child.
10. Recognise the value and importance of volunteer coaches. If you can do a better job, more help would be appreciated.

SPECTATORS CODE

1. Applaud good efforts by your own team and the opponents.
2. Show respect for your teams opponents. Without them there would be no competition.
3. Condemn the use of violence in all forms.
4. Respect Official's decisions.
5. Encourage competitors to always play according to the rules.
6. Don't use profane language or harass competitors, coaches or Officials.

PARENTAL INVOLVEMENT

Parental involvement is important at any club and ours is no exception. Fundraising, supervision, committee, organising equipment are common in all sports.

The junior surf lifesaving can be a rewarding experience for the whole family. Not only do the kids learn important beach and water skills, their parents can also gain valuable knowledge and discover personal satisfaction by getting involved.

Parent members are invited to gain their Bronze Medallion, Surf Lifesaving Award, First Aid, Advanced Resuscitation or Radio Operator. Other items of interest include Age Manager, Coaching, Carnival officer and Recorder

Parents are a vital part of Yamba Junior activities. **This junior activity is not a cheap babysitting service but a place of learning in a fun atmosphere.** There is an element of risk in this sport with Age Managers not having eyes in the back of their heads. Please offer your assistance.

AGE MANAGERS

A junior Age Manager is responsible for the supervision, well-being and basic training of the Nippers in their age group. Most of all, the Age Manager is responsible for the promotion of enjoyment, sportsmanship and fun in all activities.

Duties performed by an Age Manager include:

1. Supervision of children, ensuring their safety and well-being at all junior activities.
2. To be responsible for instruction of basic movement patterns and basic surf lifesaving skills, eg. Running, wading, catching waves.
3. Acting in a way which will positively influence the personality and social development of the children.
4. Recording of participation and results in events conducted.
5. Having a basic understanding of competition rules and regulations.
6. Developing appropriate plans for others to follow in their absence.

If you are interested in becoming an Age Manager there will be hands on training during the season!

CARNIVALS

A Carnival takes all day to contest with the exception of the State Titles. Assistance is required at Carnivals held at other clubs. Help is needed to erect and take down tents, carry gear from our gear trailer to the beach and return at the end of the day.

Competitors will be under the control of the Team Manager and assisted by the Age Manager at the Carnival and must remain within the tent area unless permission to leave from the Age Manager has been approved. Many events including Team events have been missed as a result of competitors wandering from the area.

Competition caps must remain on and securely tied under the chin particularly in the competition are where disqualification will occur if the cap falls off. No jewellery to be worn at any time.

Parents, unless performing in uniform as officials, are NOT permitted in the competition arena. The Team Manager is the only person from our Club eligible to lodge a protest regarding any alleged infringement of the rules. The Carnival is under the direction of the Carnival Referee who is at Branch level, the Branch Superintendent and at the State Titles the State Superintendent. The Referee can alter or even cancel a program if adverse surf, beach or weather conditions prevail.

EVENTS

MARCH PAST- Teams of 12 are judged on their ability to march correctly to a pre-determined drill around the main carnival area. This event is steeped in tradition as it was initially designed as an event for clubs to parade in their colours.

SURF RACES-SWIM TEAMS-(U/9-U/14)- Competitors sprint from the start line into the surf and swim around a set of buoys and return to shore.

WADING RACES-RELAY-(U/8)- Competitors sprint from the start line into the water where they wade (run in water) around a set course.

CAMERON RELAY-(U/11-U/14)JNR/SNR- Team event consisting of 4 members, a swimmer, 2 runners, and a board paddler. The swimmer completes a swim leg, tags the runner, who then tags the board paddler. The paddler completes the board leg and upon return tags the last runner who completes the relay.

BOARD RACES -(U/10-U/14)- Relay involves paddling boards from the beach and out through the break, around a set of buoys and back to shore.

BOARD RESCUE(U/11-U/14)-JNR/SNR- Team consists of 2 competitors, a swimmer and a board paddler. Swimmer swims to buoy and signals the board paddler to rescue them. Both return to beach and must cross line with a board.

IRONMAN/WOMAN-(U/11-U/14)- Swim 250m, board paddle 200m, sprint 50m.

BEACH FLAGS- Competitors lie face down on sand. Whistle blows, spring to feet, turn and sprint then dive for rubber baton. Knockout event.

BEACH SPRINT-Run either 50m or 70m on set track. Also sprint relay.

ALL AGE RELAY-(U/9-U/14)- 6 team members, 1 from each age youngest to oldest.

Not all events are run at every carnival

IMPORTANT INFO

- Activities are held on a Sunday morning between 9.30am and 11am.
- Parents **MUST** sign their child on and off with the appropriate Age Manager, and due to insurance, there should be no drop-offs.
- Each Sunday members will assemble at the nipper tent on the beach where children will follow their Age Manager (identified by yellow fluoro vests) for activities. Children will be placed in the age group they turn after the 30th of September this year.
- Nippers to wear swimmers and a rash shirt. **Yellow/black club cap must be worn by participating nippers.** Club swimmers only compulsory when competing at Carnivals.
- Nippers **must** wear sunscreen and bring a water bottle.
- Information for Nippers (JAC) can be found in “Between the Flags” article in the sports section of The Review newspaper. Also on news board downstairs in clubhouse.
- JAC is seeking parents to form a non-position holding committee of helpers. BBQ breakfast roster is being organised. If you can help please see Danielle (JAC Coordinator).

FEES

<u>FAMILY FEE:</u>	\$170.00
<u>NIPPERS:</u>	\$60.00
<u>ASSOCIATE:</u>	\$55.00 (one parent must join)

SWIMWEAR

<u>GIRLS ONE PIECE:</u>	\$50	<u>GIRLS BIKINI:</u>	\$50
<u>LADIES ONE PIECE:</u>	\$55	<u>LADIES BIKINI:</u>	\$60
<u>BOYS/MENS:</u>	\$30		
<u>RASH SHIRTS:</u>	\$35		
<u>CAPS:</u>	\$10 (compulsory)		

APPLICATION FORMS AND FEES OR TO PURCHASE SWIMWEAR PLEASE SEE MELINDA O’MAHONY JAC SECRETARY.

PROFICIENCY

Proficiency is being held at Yamba Community Heated Pool on Sunday 14 October 2007 and Sunday 28 October 2007 at 8.30am then on to Main Beach for Run Swim Run.

Preliminary Evaluation & Proficiencies

Preliminary Evaluation *must* be completed to participate in water events at Yamba beach.

Run-Swim-Run

Must be completed to participate in water events at Yamba beach. Also must be completed with a timed pool swim to participate in events at carnivals.

Timed Pool Swim

Must be completed to participate in events at carnivals (this includes Club Championship Day).

**YAMBA
'NIPPERS' JAC**

**INFO
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