

## Between the Flags

### **BETWEEN THE FLAGS - 15th October 2012**

It was a day of four 5ths and a 9th for Yamba Surf Life Saving Club members at the 12th annual Coolangatta Gold which started and finished Coolangatta on Sunday.

Club captain Joe Dougherty was 5th in the 30-39 years 45km race in a time of 4 hours 33 minutes and the "Yamba Oldies" Abe Dougherty, Regan Allard, Peter Rheinberger and Rob Imeson 5th in the 45km open mixed relay in 4 hours 49 minutes.

The "Yamba Boiz" Kealy Day, Jake Pitkin, James Brodin and Noah Hodgson were 5th in the under 19 32km relay in 3 hours 46 minutes and Tasmanian Don Marsh 5th in the over 50 years 32kms in 3 hours and 50 minutes.

Paul Cromack was 9th in the 30-39 years 45kms in a time of 4 hours 43 minutes.

Ali Day from Mooloolooba SLSC on the Sunshine Coast won the open male event in 3 hours 47 minutes from club mates Alex Tibbits and Josh Minogue.

The open female 32kms was dominated by former NSW north coast stars with Brodie Muir (ex Lennox Head & Byron Bay, now North Burleigh) 1st in 2 hours 58 minutes and the Hancock sisters (ex Sawtell, now Northcliffe) Courtney 2nd and Bonnie 3rd.

The three girls were also members of the NSW North Coast Academy of Sport.

There were 29 starters and a win for a delighted Jane Lawrence (off Go) from Sophie Watson (Go) and Scott Greensill (50 seconds) in the Yamba Surf Life Saving Club Carl Schaeffer memorial handicap surf race at Main Beach on Sunday.

Jane and Sophie are unlikely to be off go next start and Scott, who is showing the benefit of his swim training, could also cop another time penalty from handicapper Belinda Sanders.

The beach was also a sea of black & gold and some green caps as the nippers continued their proficiencies and more returning and new nippers joined in the fun & games program.

With proficiencies complete the nippers begin their usual training and skill programs next Sunday October 21 with sign-on at 9am, start at 9.15am and the first of the new season nipper-of-the-week awards.

Parents and helpers are reminded that works really well when we have plenty of volunteers to help out down at the beach and at the BBQ (the under 8 parents are rostered for the BBQ this Sunday).

Andrew Morris (0432 809 784) and Rob Imeson (0428 462 526) have board and ocean swim sessions through the week for under 8 and older age groups

Final parent with nippers (must be no younger than 5 years) registrations will be taken at the club this Sunday October 21 before 10am, at the club office Friday October 19 9am-12 noon and at Elders Real Estate Real Estate, Coldstream St, Yamba, up to 1pm on Saturday October 20.

Later registrations can be made on-line at [www.lifesavingonline.com.au](http://www.lifesavingonline.com.au).

The Yamba SLSC nipper thank their sponsors for their support and encouragement during the 2012/13 season

The 2013/13 nipper sponsors are All Terrain Access Scaffold & Edge Protection, Fairways Restaurant @ Yamba Golf & Country Club, Jim's Mowing, LJ Hooker Yamba, Lower Clarence Funerals, Maclean Motors, Tony McFarlane Builder, Yamba Florist, Yamba Physiotherapy, Signcraft, Maclean Variety Meats and Melay Independent Floors.

All club information, including membership forms, is available on the web site [www.yambaslsc.com.au](http://www.yambaslsc.com.au)

The Yamba SLSC main club sponsors for the 2012/13 season are Gold – Elders Real Estate Yamba, Clarence Valley Council; Silver - .Westlawn Finance, Yamba Shores Tavern, MasoniCare, North Coast Heavy Towing; Bronze – All Terrain Access, Clarence Valley Review, Maclean Variety Meats, Belinda's Store, Nortec, The Daily Examiner, Yamba Lions, Yamba Rotary and Coastal Views.

Yamba SLSC education director/chief training officer Kim Morgans has an ARTC course on November 17, a likely spinal management course before Xmas.

The Yamba SLSC under 23 boat crew will have their race for the season at the Queensland Navy Series at Surfers Paradise on November 3 and 4 as they continue training and fundraising to compete in the World Titles in Glenelg, SA On November 16-18.

Former Yamba nippers Hugh Dougherty (Tugun) and Alyce Bennett (North Burleigh) will compete in their 8th consecutive Kellogs Nutri Grain Ironman & Ironwoman series with 6 rounds starting at Scarborough Beach, Perth, WA on Sunday December 23.

The series, which includes rounds on January 12 & 27, February 9, 17 & 24, will be shown live by the Channel 10 network.

Another former Yamba nipper Ashley Frakes, 28 (son of former Yamba club captain David Frakes) from the Darwin club was open champion at the recent North Territory state championships. Upcoming carnivals are Byron Bay boats this Saturday & Sunday October 20-21, Cabarita (under 12 to under 19) October 28, Salt (U8-U14) November 11, Byron Bay seniors November 17/18, Coffs craft November 24, Branch nipper at Yamba (U8-U14) November 25, Byron teams (U8-U14) December 2, NSW inter-branch at Blackhead December 8 & 9, Combined high schools at Yamba November 9 and Cudgen seniors December 16..

Yamba SLSC will have a 2nd and final proficiency test on Sunday November 4 and the annual ocean swims on Sunday December 30.

The weekly Yamba Golf Club raffles with 33 terrific meat trays from Yamba Fair Butchery are on this Saturday October 20 with Ray O'Brien, Rob McDermid, Steve Pettet & Rob Foster selling tickets from 5.30pm with the draw from 6.30pm.

This weekend patrols are:

- Saturday October 20 9am-1pm: Patrol 7: Matteo Cervella (c), Josh Ryan (vc), Ben Plunkett, Andrew Bell, Nick Bell, Julia Hodson, Sally Gilbert, Bella Gilbert, Mark Chiaruttini.
- Sunday October 21 9am-1pm: Patrol 8: Pat Ridgway (c), Jim Wheeler (vc), Linda Horton, Simon Worboys, Jo Worboys, Erin Johns, Caitlin Cooney, Will Brighton, Caleb Watkins, Jaydan Watkins.
- Sunday October 21 12.30pm-4pm: Patrol 9: Brendan O'Mahony (c), Jake Pitkin, Joe McGrath, Harry Fahey, Jack Morrissey, Kealy Day, Thomas Dougherty, Noah Hodgson, Angus O'Mahony, Thomas Smith.

